

VICTOR Diagnostic Self-Assessment

Instructions: Rate how strongly you agree or disagree with each of the following statements by rating yourself on the four-point scale.

Awareness of veteran culture and issues	0 = Strongly disagree 1 = Disagree 2 = Neither or n/a 3 = Agree 4 = Strongly agree
I understand the rank and organizational structure of the military.	<div>01234</div>
I accept and respect that an individual's unique experiences while serving, may have significant influence on their level of identification with military culture and ethos.	<div>01234</div>
I know the difference between implicit and explicit military culture.	<div>01234</div>
I am aware of the behavioral and mental health issues facing veterans with potential to become justice-involved.	<div>01234</div>
I understand how the confluence of mental health, substance use, and military experience may lead to interactions with the criminal justice system.	<div>01234</div>
I know that the perception of health and wellness have different meanings to service members and veterans.	<div>01234</div>
I accept and respect that age, race, ethnicity, socioeconomic status, gender, religion, and other values and beliefs may have significant influence on a veteran's self-identity.	<div>01234</div>
I understand that a veteran's reactions to trauma, loss, moral injury, and other experiences are influenced by military culture factors.	<div>01234</div>
I am familiar with the Risk-Need-Responsivity (RNR) model for the assessment and treatment of justice-involved individuals.	<div>01234</div>

By reference to the risk-need-responsivity, I can explain why certain interventions are more likely to be effective than others.	0 1 2 3 4
It is critical for practitioners to assess an individual's unique needs and target them in treatment.	0 1 2 3 4
I am aware of cognitive behavioral treatments that have been shown to reduce recidivism in justice-involved individuals.	0 1 2 3 4
Cognitive behavioral interventions should account for the strengths, learning style, motivation, other identity-specific characteristics of the individual.	0 1 2 3 4

Confidence in responsivity skills and abilities	0 = Strongly disagree 1 = Disagree 2 = Neither or n/a 3 = Agree 4 = Strongly agree
I make an effort to discover the personal strengths and needs that might contribute to recovery/rehabilitation in each veteran I work with.	0 1 2 3 4
I can create an environment where a veteran will feel that I understand him/her.	0 1 2 3 4
I know about the patterns of recovery for common mental health conditions related to service in the military, and I use this knowledge to identify appropriate sources of support for the veterans I work with.	0 1 2 3 4
I am aware of objective assessment tools can provide information important for linking justice-involved veterans to appropriate treatment.	0 1 2 3 4
I use active listening skills to communicate effectively with the veteran(s) I work with.	0 1 2 3 4

I know the common risk factors that contribute to prevalent health problems in the veteran population(s) served by my program/organization.	0 1 2 3 4
I feel comfortable navigating the range of VA and non-VA resources available to assist justice-involved veterans.	0 1 2 3 4

My top three strengths:	My top three areas for improvement: